

New business explores Sligo archaeology on horseback

A new business venture aims to showcase Sligo's rich archaeological heritage, from the comfort of horseback.

Seatrails, an exciting new business set up by maritime archaeologist Auriel Robinson, provides guided walking tours in areas of scenic beauty and of ancient archaeological heritage.

As part of her new business, Auriel has joined up with well established Island View Riding Stables of North Sligo to provide a truly unique experience for anyone who enjoys the freedom of being on horseback.

The heritage ride trail will cover the Streedagh lagoon and beach area and the islands of O'Connors and Dernish.

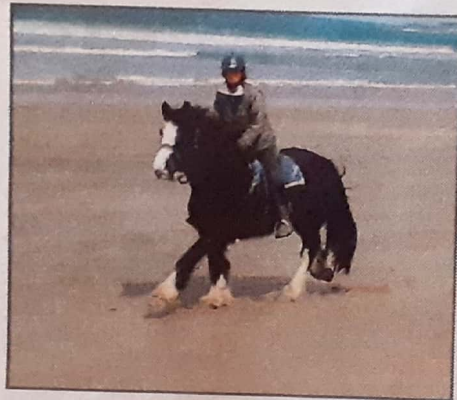
These islands some of Sligo's hidden gems with ruined stone cottages that are out of view to the rest of the world and the Atlantic Ocean in view on the other side.

Riding here is seen as a unique experience. It involves venturing along rocky and seaweed coated foreshores, crossing tidal streams and estuaries, seeing and hearing different bird and marine life.

The tour will also bring people around to wear the Spanish Armada Fleet were shipwrecked.

Auriel, acting as tour guide, talks about the shipwrecks of the Spanish Armada fleet, the story of the escaped Captain Francisco de Cuellar and about the archaeological heritage of the place that surround it.

There will be a riding guide as well to help people and there will also be horses provided.



HERITAGE: The heritage rides will include a brisk gallop on Streedagh Beach.

There will be a picnic lunch straight out of the saddle bag, with a ride back home across the tidal estuary once more and the horses will have the opportunity to bath their legs in refreshing seawater.

The trip will take about four hours including a number of short stops and a lunch break in the old O'Connor homestead on the island.

Several rides take place from June to September priced at €126 per person, which includes the picnic and the horses. Places are limited to five riders for each tour.

The tours start from Island View Stables and the dates are:

- June 8 at 10am, - July 7 at 10am,
- August 10 at 12.30pm,
- August 20 at 10am,
- September 8 at 12 noon.



HIDDEN: The North Sligo coastline has plenty of hidden gems. This is the view from the back of Dernish.

To book and to discuss riding ability, call Ursula on 071-9166156 or email islandviewridingstables@gmail.com or

for other details of the tour, call Auriel on 087-2405071 or email info@seatrails.ie